



## VRRRA Stage 1 Race School

The Stage 1 school is a one day introduction to amateur motorcycle road racing. Riders who successfully participate and pass the course will obtain a VRRRA racing license that is recognized by all other major North American racing organizations.

The course consists of 2-3 hours of classroom theory covering personal safety equipment, racing protocol, bike preparation and track etiquette. Following that will be a track walk to explain concepts discussed in the classroom. By late morning you will be suited up and doing your first laps behind an attentive instructor. The day continues with personalized instruction and if things go well - even a few competition style race starts and spirited laps before the day ends.

### Date and Location

The Stage 1 school will be held at Shannonville Motorsports Park, 7047, Old Highway 2, Shannonville ON K0K 3A0 on May 22, 2025. The School starts with a classroom session at 8:00 a.m. sharp in the RACE facilities building.

### Cost

\$250

### Age Requirement

Students must be 18 years old or older. Riders under 18 must contact the VRRRA registrar ([vrrear REGISTRAR23@gmail.com](mailto:vrrear REGISTRAR23@gmail.com)) to obtain an underage consent form prior to application. Underage riders must be at least 16 years old to apply.

### Equipment Requirements

1. Students must provide their own suitable motorcycle. The motorcycle does not have to be 'vintage' nor does it have to be entirely race prepped. (Cruisers are not suitable.) A suitable street machine of any age may be used providing it is prepared to the following criteria:

2. Oil drain plug and oil filter must be lock wired. Automotive silicone covering the drain plug is acceptable.
3. All antifreeze coolant must be removed and replaced with water. Water wetter or similar products are acceptable.
4. All lights, mirrors and glass must be removed or taped over.
5. Both tires must be in good condition.
6. Both brakes must be functional and in good condition.
7. Your motorcycle will be inspected by our tech crew and accepted before you can ride on the track. Please ask ([vrraschool@gmail.com](mailto:vrraschool@gmail.com)) if you have any questions about prepping your bike.

### **Personal Riding Gear**

1. Full leathers are required, either a one-piece suit or a zip together two-piece suit.
2. Leather boots with a minimum of 8" from the top to the sole must be worn and must overlap the pants.
3. A full coverage (full face) helmet with face shield must be worn. It must be certified by the manufacturer as Snell, BSI 6658 Type A or ECE/22-05 approved and must have a built date no older than 7 years to the day.
4. Back protection - either built into the riding suit or separate is acceptable.

### **School Format**

- The day begins with a classroom session (8:00 a.m. sharp) explaining track rules and etiquette, track marshals, flags and their meaning, racing safety gear, and all other requirements for a racing license.
- Students will learn VRRR race weekend procedures, registration, machine preparation and technical requirements.
- Classroom sessions will be followed by a track walk with explanations of the racing line, brake markers, cornering techniques and starting procedures.
- The remainder of the day will be on-track riding sessions working with an experienced and skilled control rider. Students will learn racing skills including

correct racing lines, braking and acceleration points, correct body positioning and on-track behavior.

- The last session of the day will see all students assembling on the grid to practice race starts and if the day goes well... maybe even a few laps of mock racing.

## Terms and Conditions

- We will only accept pre-entry for the school. Applications will not be accepted at the track.
- The Stage 1 school is limited to 24 students. If more than 24 riders sign up, a reserve list will be created in case any rider withdraws.
- The schools will operate rain or shine.
- If we have a full Stage 1 School (24 riders) and for any reason you cannot attend, we will attempt to fill your seat. If the school is not full, no refunds will be considered
- Sign up for the school at [www.vrra.ca/school-2](http://www.vrra.ca/school-2)

## FAQ's

**Q** - Can I ride my street bike to the school and prep it at the track?

**A** - Yes, it's possible but you will want to be prepared with a few tools and all the necessary tape, wire etc. to get the bike ready. Water-cooled bikes will need the antifreeze removed and replaced with water and this is best done prior to arriving at the track.

The school day is long and tiring and prepping your bike to ride on the street again at the end of the day may be one of the last things you feel like doing. It's entirely doable but it's not ideal. Most people (and certainly racers) have a dedicated bike for the track that never sees the street.

**Q** - Can I stay at the track overnight prior to and after the school day?

**A** - Yes. Almost everyone camps at the track, especially if you are staying for the weekend. Ground conditions are either asphalt or grass. No services are supplied other than public access washrooms and showers. It is not necessary to reserve a spot - it's first come first served and you will see everything from small tents to large motor homes.

If you don't want to race the first weekend but want to see how things work, consider volunteering. We are always looking for people to help and you will quickly be immersed in the racing experience.

**Q** - What if I fail Stage 1 school?

**A** - We will do everything we can to help you get a racing license and make your day successful. However, there are some pass/fail requirements, and they include having a reliably running bike and completing a minimum of 75% of the track time. If you need extra help during the day we will give you one-on-one time with your instructor.

If things just don't click and you can't complete the course requirements by the end of the day but still want to continue, we can provide additional instruction on another race weekend.

**Q** - Do I need a motorcycle license?

**A** - No, street restrictions do not apply to the racetrack.

**Q** - Do I need insurance?

**A** - No, but you will sign a waiver when you enter the track stating that you are entirely responsible for your actions.

**Q** - Can I find someone to help me get started racing?

**A** - Yes, we have a mentorship program and can match you up with someone who races in a similar class and has a similar bike. Please ask or request a mentor using the form in the school section of the VRRRA web site here [www.vrra.ca/school-2](http://www.vrra.ca/school-2).